

SCHEDULE OF CLIMBING & TRAINING ACTIVITIES – 2016

TRAINING COURSES	No.	Activity	Dates	Exp.	Venue	CLIMBING COMPETITIONS & ACTIVITIES
	January					
Rock / Wall Climbing	01-01	Rock/Wall Climbing Training Course	8-10	4500	Islamabad	
	February					
1 day introductory session	08-02	Paragliding - Basic Training Course	12-14	8500	Haripur	Observing
2 days basic course	09-02	Skiing – Basic Training Course	19-21	7500	Mallam Jabba	National & International
3 days intermediate course	10-02	Snow Survival Training Course	23-27	15000	Kaghan Valley	days of importance
4 days advanced course	March					
	11-03	Rock/Wall Climbing Training Course	5-6	3500	Islamabad	World Snow Day
Rock / Wall Climbing Instructor	12-03	Rock/Wall Climbing Practice Session	1-6	750	Islamabad	19 January
	13-03	10th. IWD* Sport Climbing Comp	8-9	500	Islamabad	
	April					International Women Day
3 days qualifying course	15-04	Rock/Wall Climbing Training Course	1-3	4500	Islamabad	8 March
	16-04	Paragliding - Basic Training Course	8-10	8500	Haripur	
Mountaineering	18-04	Mountaineering - Elementary Course	22-30	25000	Gilgit-Baltistan	Pakistan Day
	May					
10 days elementary course	19-05	Rock/Wall Climbing Training Course	6-8	4500	Islamabad	23 March
	June - July					
Survival	23-06	WED* - Lecture / Activity	5	1000	South Zone	World Environment Day
10 days wilderness course	26-07	Rock/Wall Climbing Training Course	15-17	4500	Islamabad	
	August					
	29-08	Rock/Wall Climbing Training Course	5-7	4500	Islamabad	5 June
	30-08	Independence Day	14	1000	Islamabad	
<i>above courses are available on requested dates</i>	September					Independence Day
	32-09	Rock/Wall Climbing Training Course	2-4	4500	Islamabad	
	35-09	6 th . WTD – Open Climbing Comp	27	500	Islamabad	14 August
	October					
Rock/Wall Climbing Practice Sessions	37-10	Rock/Wall Climbing Training Course	1-2	3000	Islamabad	World Tourism Day
	39-10	Paragliding - Basic Training Course	14-16	8500	Haripur	
	November					27 September
Friday 1400 – 1630 hrs	40-11	Rock/Wall Climbing Training Course	4-6	4500	Islamabad	
Saturday 1100 – 1600 hrs	December					International Mountain Day
Sunday 1400 – 1630 hrs	43-12	Rock/Wall Climbing Training Course	2-4	4500	Islamabad	
	44-12	9 th . IMD* Open Climbing Comp	10-11	500	Islamabad	11 December